

First Baptist School ~ October 2018 ~ Lunch Menu

*Milk & water are served at every meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Grilled Chicken Strips Buttered Steamed Rice Steamed Carrots, broccoli, and cauliflower mix Buttered Bread slices Fruit Cocktail	2 Baked Ham Buttered New Potatoes Peas and Carrots Buttered Bread slices Mandarin Oranges	3 Crispy Tacos w/ ground beef , grated cheese, lettuce, and tomatoes Carrots sticks & cucumber slices w/ranch Ranch Style Beans Diced Peaches	4 Spaghetti w/ meat sauce Italian green beans Carrots w/ Ranch dressing Buttered Bread Sticks Banana Pudding	5 Hamburgers w/ lettuce, tomatoes, pickles Carrot sticks & cucumbers with ranch dressing Tater Tots Apple slices w/caramel dip
	8 Baked Fish Sticks Buttered New Potatoes French style Green Beans Sweet Buttered Cornbread Mandarin Oranges	9 Chicken Nuggets Rice w/cream gravy Steamed Buttered Carrots Wheat Rolls Diced Pears	10 Cheese quesadillas Lettuce and Tomato Salad w/carrot & celery sticks Spanish Rice Pineapple Tidbits	11 Beef Ravioli Steamed Squash Lettuce, tomato & carrot salad Bread Sticks Apple Crisp	12 Sliced ham on Hawaiian Buns w/Lettuce & tomatoes Carrot sticks w/ranch Tostito chips with cheese dip Diced Peaches
	15 Chicken Nuggets w/gravy Buttered Egg Noodles Peas and Carrots Buttered Bread Fruit Cocktail	16 Mini-meatballs w/ gravy on White Rice Steamed Chopped Broccoli Buttered Rolls Pineapple Tidbits	17 Crispy Tacos w/ ground beef , grated cheese, lettuce, and tomatoes Carrots sticks & cucumber slices w/ranch Ranch Style Beans Diced Peaches	18 Spaghetti w/ meat sauce Italian green beans Carrots w/ Ranch dressing Buttered Bread Sticks Banana Pudding	19 Grilled Cheese Sandwich Carrots, celery & cucumber slices Potato Chips w/ ranch dip Peach Cobbler
	22 Salisbury Steak Mashed potatoes w/ gravy Chopped Broccoli Buttered Bread Diced Pears	23 Mini Corndogs Pork-n-Beans Carrots, Celery sticks & cucumber slices w/ ranch Diced Peaches	24 Cheese quesadillas Lettuce and Tomato Salad w/carrot & celery sticks Spanish Rice Pineapple Tidbits	25 Sweet & Sour Chicken Steamed Rice Baby Spinach w/mandarin oranges Salad Fortune Cookie & ice cream cup	26 Hamburgers w/ lettuce, tomatoes, pickles Carrot sticks & cucumbers w/ranch dressing Tater Tots Apple Pie
	29 Chicken Nuggets New Potatoes Peas and Carrots Buttered bread Pineapple Tidbits	30 Mini-meatballs w/gravy Mashed Potatoes Sweet Corn Green Salad w/tomatoes Banana Pudding	31 Frito Pie w/grated cheese Spanish Rice Lettuce, tomatoes, cucumbers, carrot sticks w/ranch dressing Pumpkin Pie	Nov. 1 Cheese Pizza Veggie Tray & Potato Chips w/ ranch dip Fresh Fruit Tray w/cream dip	Nov. 2 Grilled Cheese Sandwiches Mixed Salad w/Ranch Tater Tots Fruit Cocktail