

First Baptist Preschool/Pre-kinder ~ October 2017 ~ Lunch Menu

*Milk & water are served at every meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
	2 Grilled Chicken Strips Buttered Steamed Rice Steamed Carrots, broccoli, and cauliflower mix Carrot sticks w/dressing Buttered Bread slices Fruit Cocktail	3 Crispy Tacos w/ ground beef , grated cheese, lettuce, and tomatoes Carrots sticks & cucumber slices w/ranch Spanish Rice w/zucchini Diced Peaches	4 Chicken Nuggets Cream gravy Buttered Egg Noodles Peas and Carrots Buttered Bread Pineapple & bananas	5 Cheese/Pepperoni Pizza Veggie Tray & Chips w/ ranch dip Fresh Fruit Tray w/cream dip	6 Hamburgers w/ lettuce, tomatoes, pickles Carrot sticks & cucumbers with ranch dressing Tater Tots Apple slices w/caramel dip
	9 Baked Ham Buttered New Potatoes Chopped Broccoli w/cheese Buttered Bread slices Mandarin Oranges	10 Cheese quesadillas Lettuce and Tomato Salad w/carrot & celery sticks Ranch Style Beans Spanish Rice Pineapple Tidbits	11 Chicken Tenders Rice w/gravy Steamed Buttered Carrots Celery sticks w/ranch dressing Wheat Rolls Diced Pears	12 Spaghetti w/ meat sauce Italian green beans Carrots w/ Ranch dressing Buttered Bread Sticks Banana Pudding	13 Sliced turkey on Hawaiian Buns w/Lettuce & tomatoes Carrot sticks w/ranch Tostito chips with cheese dip Applesauce
	16 Chicken Nuggets Buttered Egg Noodles Peas and Carrots Buttered Bread Fruit Cocktail	17 Arroz Con Pollo Sweet Corn Mixed greens w/shredded carrots Salad Corn Tortillas Strawberries & Bananas w/ cream	18 Baked Fish Sticks Buttered New Potatoes French style Green Beans Sweet Buttered Cornbread Mandarin Oranges	19 Ravioli Steamed Squash Lettuce, tomato & carrot salad Bread Sticks Apple Crisp	20 Grilled Cheese Sandwiches w/ lettuce & tomatoes; pickles Carrots & cucumber slices Chips w/ ranch dip Peach Cobbler
	23 Chicken Tenders Mashed potatoes w/ gravy Chopped Broccoli Buttered Bread Apricots	24 Chicken Fajita Tacos Spanish Rice Lettuce and Tomato Salad w/carrot sticks & dressing Ranch Style beans Banana Pudding	25 Mini Corndogs Tater Tots Pork-n-Beans Celery sticks & cucumber slices w/ ranch Diced Peaches	26 Sweet & Sour Chicken Steamed Rice Egg Rolls Baby Spinach w/mandarin oranges Salad Fortune Cookie & ice cream cup	27 Hamburgers w/ lettuce, tomatoes, pickles Carrot sticks & cucumbers w/ranch dressing Tater Tots Apple Pie
	30 Chicken Nuggets New Potatoes Steamed Buttered Carrots Mixed Lettuce & tomatoes w/ranch dressing Buttered bread Pineapple Tidbits	31 Frito Pie w/grated cheese Spanish Rice Lettuce, tomatoes, cucumbers, carrot sticks w/ranch dressing Pumpkin Pie			